

Pastor Dave Rohde

For Sunday, September 6th
"No Work"

Matthew 6:25-34 – NIV

²⁵ "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life?"

²⁸ "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

Exodus 16:4-5, 22-30 – NIV

⁴ Then the Lord said to Moses, "I will rain down bread from heaven for you. The people are to go out each day and gather enough for that day. In this way I will test them and see whether they will follow my instructions. ⁵ On the sixth day they are to prepare what they bring in, and that is to be twice as much as they gather on the other days."

²² On the sixth day, they gathered twice as much—two omers for each person—and the leaders of the community came and reported this to Moses. ²³ He said to them, "This is what the Lord commanded: 'Tomorrow is to be a day of sabbath rest, a holy sabbath to the Lord. So bake what you want to bake and boil what you want to boil. Save whatever is left and keep it until morning.'"

²⁴ So they saved it until morning, as Moses commanded, and it did not stink or get maggots in it. ²⁵ "Eat it today," Moses said, "because today is a sabbath to the Lord. You will not find any of it on the ground today. ²⁶ Six days you are to gather it, but on the seventh day, the Sabbath, there will not be any."

²⁷ Nevertheless, some of the people went out on the seventh day to gather it, but they found none. ²⁸ Then the Lord said to Moses, "How long will you refuse to keep my commands and my instructions? ²⁹ Bear in mind that the Lord has given you the Sabbath; that is why on the sixth day he gives you bread for two days. Everyone is to stay where they are on the seventh day; no one is to go out." ³⁰ So the people rested on the seventh day.

Takeaway: We can really take a break from our work when we accept that tomorrow is in God's hands.

Questions:

1. What does a true day off look like for you?
2. What is the most difficult part about leaving something undone?
3. In Matthew 6, Jesus talks about worrying about tomorrow. What's the difference between worrying and making plans?
4. Reflect on the Exodus passage. What does the Israelites' attempt to save manna for the following day reveal about the relationship between worry and control?

Sermon: <https://podcast.wpcwestlake.org/services/mp3/sermon20260906.mp3>

Service Video: <https://youtu.be/wHl4EOfR32M>

Alternate Service Video: <https://wpcwestlake.livecontrol.tv/3fc7fae1>